

Orientation to Honduras Study Abroad Program Handbook

**Purdue University
Department of Education
Curriculum and Instruction
West Lafayette, Indiana**



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Website: <http://www.soe.purdue.edu/phillion>

General Information

1. Once a student decides to participate in a study abroad program, s/he should apply immediately for a passport. It normally takes three to six months to process an application.
2. After receipt of the passport, it is important to make two copies - one can be left at home and the other copy should be kept in a separate place. While in Honduras, students should keep passports with them at all times, but separate from other personal items.
3. Students must officially register online with the Study Abroad Office (<http://www..studyaabroad.purdue.edu>) and the Curriculum and Instruction Department. Once the registration process is completed, students will receive an official confirmation notice in the mail.
4. Students are required to make a \$200.00 deposit fall semester. Students must also complete an application and other forms appropriate for this program. A copy of the passport must be submitted at this time.
5. Students should check with the U.S. Health Department concerning immunizations or students may contact the Center for Disease Control at the following website: www.cdc.org Purdue University does not recommend immunizations for Honduras Study Abroad Program; however, other agencies or family physicians may recommend Hepatitis A & B, Tetanus, Typhoid Fever, Yellow Fever, and/or rabies immunizations. Please discuss this information with parents/guardians and/or family physician.
6. Total cost of the trip is approximately \$3,000 which includes tuition, airfare, most meals, and spending money. This is an estimate which may vary due to the economy.
7. The airline ticket cost is approximately \$600 - \$700 as of 2005.
8. Students who require financial assistance should check with the Purdue University Financial Aid Office.
9. Undergraduate and graduate students enrolled in the Study Abroad Program can earn six credit hours. Credit hours can be divided into two courses, i.e. undergraduate: Block I - EDCI 205 and EDCI 285 and graduate EDCI 590 or/and EDCI 684.

10. There will be an informational meeting fall semester and the second meeting will be a social gathering spring semester. Two to three more informational meetings and an orientation to the program will be held in the spring.
11. The airline requires that students have in their possession two pieces of identification. This may consist of a passport, driver's license, student identification card and/or social security card.
12. The airline will only allow two carry on pieces of luggage. This may include laptop computer, makeup case, or carry on bag. Only two bags may be checked. *Please note that two medium or small bags are much more convenient than large bags.*
13. It is recommended that students check the airline website for updated information and baggage allowance. Students may also call the airline or travel agent, Irvine Travel Agency, West Lafayette, IN.
14. It is recommended that students do not let anyone carry their luggage for security and safety reasons and to keep all luggage and personal items with them at all times.
15. It is recommended on the day of departure that all students wear a Purdue University t-shirt so that everyone is easily recognizable. It is further recommended that everyone assemble in one area to transport art supplies and exchange art supplies to students' suitcases. A designated area at the airport will be used for this purpose.
16. It is recommended that students inform the lead instructor if they would like to room together so that accommodations can be made prior to arriving at the Kellogg Center. The standard housing arrangement is two students to a room and sometimes three students to a room.
17. There is a bank on campus in Zamarano where students may exchange U.S. currency to Honduran currency (lempira).
18. Major credit cards, such as VISA, America Express, may be used at the Automatic Teller Machine (ATM) located on campus. There is a charge for the use of credit cards. Check with U.S. banks for specific information concerning fees.
19. It is recommended that students stay in groups of three to six or more people when traveling to eat or shop; however, the Zamarano campus is safe.

20. It is recommended that students bring \$300 spending money for tips, souvenirs, snacks, and gifts. *Please note that \$33 is required for departure tax.*

Recommended Items to Pack

Students who plan to room together should discuss specific* items s/he will bring and share some of these things.

Sunscreen/Sun block*
Sun glasses
Blue jeans
Shower shoes
Shampoo/conditioner
Soap*
Tooth brush
Tooth paste*
Mouth wash

Bathing suit/swimming trunks
Flash light
Extra batteries
Umbrella/poncho
Alarm clock*
Travel wash cloth (bandana/scarf)
Hair dryer*

Off - Deet spray*
Basic grooming products
Avoid bringing a lot of jewelry
Hydrocortisone*
Neosporin*
Imodium*
Dramamine*
Aspirin*
Bandages*
Feminine Hygiene products

Binoculars (optional for bird watching)*
Laptop Computer*
Camera (digital)

Students are required to dress professionally when visiting area schools.

For females:

- Capri pants and a nice top that is not low cut (NO cleavage should show) is appropriate attire.
- **Do not** bring low cut tops and pants - this is not considered professional attire.

For males:

- A pair of khaki pants and a polo shirt is appropriate attire.

Laundry facilities are available on campus.

- \$1.00 to wash
- \$1.00 to dry

Do not bring too many clothes.

Clothes (Females)

1. Capri pants
2. tops/blouses
3. shorts
4. panties
5. bras
6. sandals or open shoes
7. sneakers or comfortable shoes
8. personal toiletries items
9. bathing suit
10. beach towel

Clothes (Males)

1. khaki pants
2. shorts
3. polo shirt
4. underwear
5. sandals or open shoes
6. sneakers or comfortable shoes
7. razors
8. personal toiletries/items
9. swimming trunks
10. beach towel

Safety

1. Whenever the group relocates to a different area, i.e. trip to mall, please have the following items available: water, first aide kit, energy bars, bag for sickness, trash bag, important phone contacts with names, and a telephone number to the U.S. embassy. [Embajada de Honduras, Seccion Consular, 1528 K Street, NW, 2nd floor, Washington, D.C. 20005; Telephone: 202-737-2972/78; Fax: 202-737-2907].
2. The lead instructor will have basic medical supplies, such as band-aids, alcohol preps, etc.
3. If students get injured, minor cuts, scratches, please wash the area with water, and if serious, contact the lead instructor immediately.
4. If at any time students feel ill, please contact the lead instructor immediately.
5. It is recommended that students stay in twos or groups when shopping at malls or at other locations. Students should have passport in his/her possession at all times. Remember, passports should be separate from currency.
6. A designated meeting place shall be identified whenever there is travel to another location besides the hotel, Kellogg Center, or Alison Bixby Stone School.
7. It is recommended that students drink only bottled water or purified water. The water in rooms, which is provided by the Kellogg Center, is safe to drink. Students should proceed with caution when traveling outside Zamorano and students should know their location and destination at all times. Please be mindful of consumption of water and dairy products which could affect your health. When in doubt, ask questions.
8. Do not use water out of the faucet to brush teeth or to rinse toothbrush. Remember: *Use only bottled water.*
9. Storms
 - a. If there is a storm, i.e. hurricane and/or strong winds, remember to close doors and windows, and remain in rooms until further notice.
 - b. A good place to take cover is in the bathroom.
 - c. Remain in this location until notified by the person in charge.

Cafeteria - Cafeteria Zamora no Horarios De Alimentacio'n

	Abierto	Cerrado
Desayuno	6:30 am	08:00 am
Almuerzo	11:00 am	01:00 pm
Cena	5:00 pm	06:30 pm

The cafeteria is located on campus and it is a five-minute walk from the Kellogg Center. The schedule is listed above.

A Grocery Store is only a two minute walk from the Kellogg Center. Horario en elk puesto de ventas

Lunes a sabato	7:30 a.m. - 5:45 p.m.
Domingo	8:00 a.m. - 5:45 p.m.

Listed below is a price list of several items which may be purchased from the local grocery store.

Item(s)	Price (lempira)
Coffee cup, glass	93.50
Thermos mug	167.61
Cap	194.32
t-shirt	145.15
Honey, 660g	65.00
Guayaba (guava)	19.45
100% pure coffee, Molido Peso Neto, 400g	47.30
Pollen, 70 g.	67.50
Chile Jalapeno, 250g	21.15
Toilet paper, single roll	2.50
Banana Bread	19.50

Note: *Prices are subject to change*

Lempira is the currency used in Honduras. See 2005 examples below:

United States (dollars)	Honduras (Lempira)
1.00	18.85
2.00	37.70
3.00	56.55
4.00	75.40
5.00	94.25
10.00	188.50
15.00	282.75
20.00	377.00
25.00	471.25
30.00	565.50
35.00	659.75
40.00	754.00
45.00	848.25
50.00	942.50

Note: Information on currency exchange as of spring 2005

Bookstore

There is a bookstore on campus in the cafeteria complex. Products such as: post cards, souvenirs, t-shirts, books (Spanish), caps, mugs, glasses, maps, placemats, etc.

Gift Shop

Small gifts at a nominal price may be purchased at the gift shop located in the cafeteria complex. Items such as: souvenirs, coffee pots, skillets, grooming products, baby items, visors, etc.

Convenience Store

Located adjacent to cafeteria complex is a convenience store. Snacks, soft drinks, and grooming products may be purchased.

Bank

A bank is only two minutes from the Kellogg Center. U.S. currency may be exchanged during the following hours.

Monday – Friday	8 a.m. - 3 p.m.
U.S. currency can not be exchanged on Saturday.	

ATM

There is an ATM building near the entrance gate at the Kellogg Center. Students may use VISA or American Express at the ATM. Prior to entering the building students must swipe card, similar to what is required at a gas station in USA. Once inside, the machine will ask if a receipt is desired. Punch Yes or No. Then punch in the amount requested.

Telephone

Do not bring cell phones. Cell phones will not work there. At the Kellogg Center students may use the telephone for a fee. Five minutes for 100 lempira = 20 L/minute. In Tegus, capital city, students will be permitted to make telephone calls home, but travel to the city will only be on weekends. In the city, the cost may be only 1 L/minute.

Stamps

Stamps may be purchased and post cards may be mailed on campus at the main administration building. The fee to mail five post cards: 75L. = 15 L/card.

Laundry/Iron

Washers and dryers are located on the lower level, first floor, in the Kellogg Center. The cost is 20L. The Kellogg Center does not provide laundry products. Laundry products may be purchased at the local grocery store. Management recommends that residents/guests of the Kellogg Center use laundry facilities after 4 p.m. Contact the Kellogg Center front desk attendant if an iron is needed.

Swimming Pool

An outdoor swimming pool is located near Alison Bixby Stone School (ABSS). Students will pass the pool on the way to school. Students usually swim after daily field experiences at ABSS.

Field Experience
Observation at Alison Bixby Stone School (ABSS)

1. On the first day students will visit each teacher's classroom for approximately 20 to 30 minutes to get an idea of which grade level s/he would like to work with.
2. On the second day, the principal will assist students in selecting a grade level, K-6, for their field experience.
3. Once a classroom and cooperating teacher has been chosen, students may not change or switch his/her assigned room.
4. Expectations:
 - a. Students are expected to work with the classroom teachers in a cooperative manner.
 - b. Students should greet the classroom teacher upon entering the classroom each day and communicate with the classroom teacher when departing.
 - c. Students are encouraged to assist the classroom teacher with lesson planning, working with students in small groups, working with individual students, tutoring, etc. Even if students don't feel well, make every effort to be alert, attentive, and pleasant.
 - d. Students are expected to be an aide in the classroom. Students should not sit and watch the teacher. For example, if a student is struggling in math class, please help the student; if a student is misbehaving in class, quietly walk over and stand near the student. Help the classroom teacher maintain discipline and good classroom management skills.
 - e. Students should not criticize the classroom teacher to other students. This disposition is unprofessional.
 - f. Students should not talk to others in a negative way about students in the classroom.

- g. Students are expected to accept the classroom teacher’s pedagogy and instructional methodology. If students disagree with the pedagogy, students may make comments in journals.
- h. Students should not make negative comments to the cooperating teacher.
- i. Students should not threaten children when using classroom discipline techniques.
- j. Students should not use threatening or derogatory statements to students at school.
- k. Students are expected to dress professionally and not casually. Jeans that are not tight fitting is appropriate attire.
- l. Students should not wear low cut tops and low cut pants/jeans. This type of attire is unacceptable and unprofessional attire.

Common Vocabulary – It is an excellent idea to become familiar with these words prior to departing for Honduras. It is suggested that students form a group and practice using these terms and greetings on each other. This is an excellent way to become introduced to the Spanish language in an informal setting.

Meeting people

Spanish	English
Hola!	Hello
Adios!	Good bye
Hasta pronto	See you later
Dar la mano	To shake hands
Dar un beso	To kiss
El hombre	Man
La mujer	Woman
El bebe’	Baby
El nino	Boy

La nina	Girl
Presenter	To introduce
La amiga	Friend (f)
El amigo	Friend (m)
Encontrarse con	To meet
Le edad	Age
Cuantos anos tienes?	How old are you?
Tengo diecinueve anos	I'm nineteen
Chico(a)	Young
Mayor	Old
Mayor que	Older than
La misma edad	The same age
Si`	Yes
No	No
De acuerdo	I agree
El nombre	Name
El nombre de pila	First name
Como te llamas?	What is your name?
Me llamo...	My name is...
Se llama...	His name is ...

Appearance

Bonito (a)	pretty
Guapo	good-looking
Delgado(a)	slim
Gordo(a)	fat

Pets

el perro	dog
el gato	cat
llevar a pasear	to take a walk

Getting Up

Levantarse	to get up
La ducha	to take a shower
Laverse el pelo	to wash your hair
Lavarse	to bathe, to wash oneself
El jabon	soap
La toallita	wash cloth
La toalla	towel
Desnudo	naked

Going to bed

Hasta mañana!	Good night!
Que duerman bien!	Sleep well!

Eating and Drinking

Sirvete!	Help yourself
Que aproveche	enjoy your meal
Tenser sed	to be thirsty
Beber	to drink
Comer	to eat
Esta muy rico	It tastes good.
Haber comido bien	to have eaten well
El almuerzo	lunch
La ensalada	salad
El queso	cheese
La fruta	fruit
La cerveza	beer
El aqua(f) mineral	mineral water
La cena	dinner
La sopa	soup
La carne	meat
El postre	dessert

Out and About

El mapa	map
La senal	sign
El camion	bus
El trafico	traffic
La camioneta	van
El coche	car
La bicicleta	bicycle
Traveling by plane	
El aeropuerto	airport
El avion	airplane

El passaporte	passport
Volar	to fly
La aduana	customs

Reference: Davies, Helen. 2002. Usborne Internet-Linked Spanish Dictionary for Beginners Latin American. London: Usborne Publishing Co.

Preparing for the In – Country Experience (Honduras)

Zamorano

Students will be housed on the Zamorano campus in the Kellogg Center. Listed below are brief facts about the community.

- Zamorano is a private university located on approximately 7,000 hectares. It has a philosophy that believes “young people strengthen their values, develop their character and self confidence, and actively learn to learn.”
- The university students are from diverse socio-economic backgrounds and 65% of its students receive some type of financial assistance.

Mission:

Zamorano is a Pan-American center of higher education offering high quality, integrated formation in the areas of sustainable tropical agriculture, agribusiness, agro industry, natural resource management and rural development. Its education is based on the principles of learning-by-doing, character formation and leadership, academic excellence and pan Americanism.

Values:

“...belief in the values of hard work, thrift, honesty, integrity, teamwork, and tolerance – drive both how and what we teach and inspire all those who come to study, work or visit. This “invisible curriculum” is as real and important to Zamorano’s education as the air we breathe.”
(Kate Semerad, Chairman, Board of Trustees)

Academic Program

Zamorano has graduated more than 5,000 professionals from 20 countries. Its academic program is characterized by a student-centered approach to teaching, which places the responsibility for learning on the student.

The program consist of a two-year core curriculum. In the third year of study, students choose one of four specializations. In their final year, they complete a graduation project or thesis, which permits them to integrate the skills and knowledge they have developed in Zamorano. In addition, students spend one trimester in an internship at an off-campus business or organization, or at Zamorano.

(Source: Hoadley, K. (2003). Zamorano preparing leaders for the sustainable development of Latin America C.A.

Kellogg Center

Students will stay at the Kellogg Center in Zamorano.

Visit this website: <http://www.zamorano.edu/ingles/information/contentmaindown.html>

Alison Bixby Stone School (ABSS)

Alison Bixby Stone School is located at Zamorano, an institution of higher education in agriculture outside of Tegucigalpa, the capital city of Honduras.

Mission

To provide a diverse student body with a challenging primary education in Spanish and English, giving our students the skills needed to become participating members of our global society.

Website:

www.zamorano.edu/abss

Email: infoabss@zamorano.edu

Address:

Alison Bixby Stone School
P.O. Box 93
Tegucigalpa, Honduras
Phone: (504) 776-6239 (Honduras)
(202) 785-5540 (Washington, DC)

Rural Schools Visited in Zamorano – May 2005

- Escuela Urbana Mixta Los Robles
- Escuela Rural Mixta Dionisio Herrera
- Escuela Rural Mixta Guayabiya, Jicarito

Schools in Honduras

Honduras has vast needs as the educational system expands and improves.

Listed below are a few facts on schools in Honduras.

Source: www.hondurasplanmaestro.com

- 17,367 private and public schools
- 5,358 kindergartens
- 11,133 elementary schools (1-6 grades)
- 876 secondary schools (7-12 grades)
- More than one school is located in the same building
- 6% private
- Major difference between rural and urban schools is the availability of secondary schools
- 14.4% of students live in rural areas, rest are urban
- 297 science labs in entire country
- Approx. 6% of the unique school locations have a library or computer lab
- Ministry of Education has adopted new curriculum standards
- Standards address academic requirements (for specific information see website above)
- Formal delivery of educational programs: pre-kinder, primary, and secondary schools

For more information on Honduras visit these websites:

<http://honduras.com/weather/>

<http://marrder.com>

Note: *For specific information on Education in Honduras see power point presentation on Education in Honduran Schools on this website.*

Valle de Angeles

Students will travel to Valle de Angeles. This is a tourist town with lots of shops. Students can make major purchases at bargain prices. Merchants are willing to negotiate prices.

Lunch will be served at the President's House which is located in Valle de Angeles. The owner will give a brief history of the building and its inhabitants.

For more information visit the website:

<http://www.honduras.com/english/valledeangeles.htm>

Tegucigalpa

Tegucigalpa is the capital of Honduras. Students will travel to Tegus (short name) to shop at the mall and to make telephone calls home. The cost is less than calling from the Kellogg Center in Zamorano.

For Tegucigalpa tips visit this website: <http://www.hondura.com/hondurastips/english/>

Hurricane Mitch <http://stirlinglaw.com>

Pictures of Tegucigalpa

<http://www.cedarcreeksa.com/honduras/2004/pictures.htm>

Cristo del Picacho

Students will travel to Cristo del Picacho one of the weekends while there. For specific information on this tourist attraction visit the websites listed below:

<http://www.paraishonduras.com/English/Tegucigalpa%20-%20Cristo%20del%20Picacho.htm>

<http://www.paraishonduras.com/English/Tegucigalpa.htm>

Copan

Websites:

<http://www.honduras.net/copan>

- click here for free coffee samples

<http://www.honduras.net/com/museum>

- see structures during Mayan times

Copan Ruins

- <http://www.copanruins.com>
- see images of ruins sites
- beautiful temples, altars, stelae
- one of the great treasures of art and architecture
- explore Copan Ruins in Honduras learning about Mayan Indian culture